

From: **SHARE Communications** [bkling@sharecancersupport.org](mailto:bkling@sharecancersupport.org)  
Subject: SHARE's May Newsletter  
Date: May 2, 2016 at 4:00 AM  
To: [nathalie\\_baudais@mac.com](mailto:nathalie_baudais@mac.com)

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## Metastatic Meet-Up

Join us for an evening of information and networking

Thursday, May 26, 2016  
4:00-8:00 PM EDT; 3:30 check-in  
Rockefeller Research Laboratories ([location](#))

**Featuring:**

**Dr. Larry Norton**, MSKCC, on MBC treatment  
**Dr. Christopher Barker**, MSKCC, on the role of radiation in MBC treatment  
**Roz Kleban**, MSKCC, moderator

This is a special event for women living with metastatic breast cancer, plus one guest each. Registration is required, and space is limited. To register, call Tolaysha at **(212) 937-5574** or email [twilliams@sharecancersupport.org](mailto:twilliams@sharecancersupport.org). Please include contact information and the number of attendees.



Memorial Sloan Kettering  
Cancer Center.



## Webinar

### Understanding CA-125

Featuring Dr. Kevin Holcomb, Associate Attending Gynecologist, NY Pres. Hospital  
Monday, May 23, 6:00-7:00 PM EDT

[Click here to register.](#)

[Click here to register.](#)

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## Educational Programs

### **A Walking Tour of Chinatown's Herb Markets**

Featuring Letha Hadady, D. Ac.

Wednesday, May 18, 2:00-4:00 EDT

Meet at **Kam-Man Grocery Store, 200 Canal St. (directions)**

### **The Importance of Exercise in Cancer Recovery**

Featuring a certified instructor from Moving for Life

Tuesday, May 10, 3:30-4:30 EDT

**Restoration Plaza (Brooklyn SHARE) (directions)**

### **Smart Moves: Maintaining a Healthy Weight**

Featuring Linnea Matulat, MS, RDN, CDN, from God's Love We Deliver

Tuesday, May 17, 4:30-5:30 PM EDT

**Emblem Health Neighborhood Care (Harlem SHARE) (directions)**

### **Preparing Life-Planning Documents**

Featuring Vivienne Duncan, Esq.

Friday, May 27, 11:00-12:00 PM EDT

**Jacobi Medical Center (Bronx SHARE) (directions)**

**Click here to register at [rsvp@sharecancersupport.org](mailto:rsvp@sharecancersupport.org)  
or call (212)-719-2943**

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## In Case You Missed It...

### **Ovarian Cancer: What's New?**

Dr. Stephanie Blank and Dr. Melissa Frey update us on the latest developments in ovarian cancer research and treatment. Dr. Blank is a gynecologic oncologist at Perlmutter Cancer Center at NYU Langone Medical Center and an associate professor at NYU School of Medicine. Dr. Frey is a Gynecologic Oncology Fellow at NYU Langone Medical Center.



**View our entire webinar library [here!](#)**

## Minorities and Cancer



For National Minority Cancer Awareness Month, SHARE and Memorial Sloan Kettering Cancer Center's Office of Diversity Programs hosted a special program on breast and ovarian cancers for the African American and Latina communities called **Minorities and Cancer**. You can now watch the recording of this outstanding event!

## SHARE's 40 for 40

**40 people** who've contributed to our community in 40 years of SHARE.



April's profiles include (left to right):

**Kathleen Chalfant**  
**Alex Colon**  
**Alice Yaker**  
**Diane Paul**

# Support Groups in SHARE's Main Office

## **Breast Cancer: Ongoing**

Tues, May 10, 6:00-7:30 PM

Tues, May 24, 6:00-7:30 PM

## **Breast Cancer: Japanese**

Fri, May 13, 6:00-7:30 PM

Fri, May 27, 12:30-2:00 PM

## **Breast Cancer Post-Treatment**

Wed, May 25, 6:00-7:30 PM

## **Caregiver Group**

Tues, May 10, 6:00-7:30 PM

## **Metastatic In-Person Lunchtime**

Mon, May 2, 12:30-1:30 PM

Mon, May 16, 12:30-1:30 PM

## **DCIS**

Mon, May 2, 6:00-7:30 PM

## **Ovarian Cancer: Ongoing**

Wed, May 18, 6:00-7:30 PM

## **New! Newly Diagnosed Ovarian Cancer**

Wed, May 4, 6:00-7:30 PM

Please call **(212) 382-2111** to register for breast cancer groups and **(212) 719-1204** for ovarian cancer groups.

[See all of SHARE's support groups](#)

## Support Groups from Your Home

### **Young Women and Breast Cancer: Video Conference Support Group**

Tues, May 3, 8:00-9:00 PM ET

[\(Instructions for signing on\)](#)

### **Phone Support for Young Women with Metastatic Breast Cancer**

Wed, May 4, 8:00-9:00 PM ET

### **Daytime Phone Support Group for Women with Metastatic Breast Cancer**

Mon, May 2, 9, 16, 23, 30, 4:00-5:00 PM ET

### **Evening Phone Support Group for Women with Metastatic Breast Cancer**

Thurs, May 5, 12, 19, 26, 6:00-7:00 PM ET



## **NEW! Breast Reconstruction Telephone Support Group**

Tues, May 10, 7:15-8:15 PM ET

## **NEW! Lymphedema Telephone Support Group**

Thurs, May 12, 8:15-9:15 PM ET

Please call **(212) 382-2111** to register for phone groups.

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## **We Run for Hope 5K**

### **Enjoy some sunshine and support SHARE!**

The annual We Run for Hope 5K Run/Walk is being held Sunday, June 5, 2016, in Astoria Park, Queens. This day is also National Cancer Survivors Day, and proceeds from the race will benefit SHARE! Kick-off at 8:30 AM.

Register [here](#) to show your support. See you there!



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## **Schedule a Free Pink and Teal Seminar!**

A diagnosis of breast or ovarian cancer affects everyone in the family, not just the person diagnosed. A **Pink and Teal Seminar** in your workplace can empower you and your colleagues to take control of your health and prepare for a future family health crisis. Contact **Arlene Matlick** to schedule a free Pink and Teal seminar today.

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## **Save the Date: Free Spa Day!**



### **JCC's Shirley Kohn Annual Spa Day for Women Living With Breast or Ovarian Cancer**

Come and enjoy a diverse program of activities including yoga, massage, Reiki





activities including yoga, massage, Reiki, Moving for Life, Nia, and meditation, specifically designed for women in

treatment for cancer. Day includes a light, healthy lunch where you can enjoy the camaraderie of others. Dietary laws observed.

**Registration will begin Wednesday, May 18 [here](#).**

JCC Manhattan, 334 Amsterdam Ave

**Sun, July 17; FREE** for those living with breast or ovarian cancer

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## It's Time to Let Go...

...of your old envelopes! It's been one year since we moved to our current location at 165 W 46th Street. Any donation envelopes or other mail sent to our prior address will now be returned to sender. **Please discard all envelopes with our old address. If you need updated envelopes, please call Tolaysha at (249) 937-5574. Thank you!**

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## Support SHARE for Mother's Day

When you buy from [smile.amazon.com](http://smile.amazon.com) and choose SHARE as your charity, you support us with every Mother's Day gift you buy. Click the image below to get started!



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Call SHARE's Toll-Free Helpline  
Talk to a survivor or a caregiver who's been there.

**844-ASK-SHARE**

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**Donate Now!**

SHARE | 165 West 46th Street, Suite 712 | New York, NY  
10036 | 212.719.0364 | 844.ASK.SHARE | [Website](#)



SHARE, 165 West 46th Street, Suite 712, New York, NY 10036

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